



# Drop-In Consultation Groups

The purpose of drop-in consultation is **to offer a structured, unique, and community experience to professionals** (such as, but not limited to: mental health providers (licensed or unlicensed) coaches, clergy, advocates, professionals, therapists, coaches, or others who work with individuals around areas of religious trauma, adverse religious experiences, religious abuse, dynamics of power and control, narcissism, high control religious systems, cults, and healing from these systems.

## Meant For:

individuals who are interested in finding support for issues such as:

- Client cases (such as specific or general client issues).
- Body-based trauma education and interventions.
- Psychoeducation on issues such as religious trauma, adverse religious experiences, religious abuse, dynamics of power and control, narcissism, high control religious systems, cults, and healing from these systems.
- Person of the practitioner support and care regarding their own care for self, clients, and their own process of deconstruction and religious trauma healing.



**Dr. Laura E. Anderson**

**[www.drlauraeanderson.com](http://www.drlauraeanderson.com)**

The way Dr. Laura Anderson designs drop-in group consultations on a case-by-case basis as she seeks to ensure that each individual has the opportunity to get what they want from the experience. Individuals who have signed up for group consultation will be sent an email approximately a week prior to the group where they will have the opportunity to submit cases and questions to be discussed during the group consultation. Dr. Anderson will evaluate all submissions and choose 6-8 topics/cases for consultation and discussion.

## **SIGNING UP**

### **Step 1:**

Sign up for a group consultation here.

### **Step 2:**

You will receive an email approximately one week prior to the group consultation that gives further instructions, including a call for cases and questions to be discussed during the group consultation.

### **Step 3:**

Show up for the call. You will receive a personalized link for your consultation call a few days before it is scheduled. Please follow all instructions on how to register and at the date/time of your call, please log on.

@drlauraeanderson



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## DETAILS

**Cost:**

180 minute consultation \$100

**Payments made:** all payments are made via major credit card and are subject to a credit card fee of 3% (\$103 total for the entirety of the group).

**Cancellation policy:** a full refund less \$7 credit card fees will be issued if you cancel more than 3 days in advance of the group consultation. A 50% cancellation fee will be issued if you cancel within 3 days of group consultation.

**Time:**

Dr. Laura Anderson offers drop in group consultations every 6-8 weeks on Saturday mornings from 10:00am - 1:00pmCST. You can sign up for drop in group consultation by clicking this link

**Where:**

online (you will receive an individualized link for your intensive session closer to the date of the event)