



Individual Consults

The purpose of individual consultation is **to offer a structured, unique, and individualized experience to professionals** (such as, but not limited to: mental health providers (licensed or unlicensed) coaches, clergy, advocates, professionals, therapists, coaches, or others who work with individuals around areas of religious trauma, adverse religious experiences, religious abuse, dynamics of power and control, narcissism, high control religious systems, cults, and healing from these systems.

The way Dr. Laura Anderson designs individual consultations are on a case-by-case basis as she seeks to ensure that each individual has the opportunity to get what they want from the experience.

Meant For:

Individuals who are interested in finding support for issues such as:

- Client cases (such as specific or general client issues).
- Body-based trauma education and interventions.
- Psychoeducation on issues such as religious trauma, adverse religious experiences, religious abuse, dynamics of power and control, narcissism, high control religious systems, cults, and healing from these systems.
- Person of the practitioner support and care regarding their own care for self, clients, and their own process of deconstruction and religious trauma healing.



SIGNING UP

Step 1:

Sign up for an Individual Consultation here

Step 2:

You will be prompted to enter in basic demographic information and a brief summary of what you are wanting to discuss during the consultation

Step 3:

You will receive an email from Dr. Laura Anderson through the Center for Trauma Resolution and Recovery's client platform, Simple Practice, which will provide you with a link to opening paperwork.

This link is good for SEVEN days so please make sure to log in and complete this paperwork ASAP. This paperwork includes:

- All policies and procedures for consultation work
- A brief questionnaire/information gathering sheet

Step 4:

Show up for the call. You will receive a personalized link for your consultation call a few days before it is scheduled. Please follow all instructions on how to register and at the date/time of your call, please log on.



Dr. Laura E. Anderson

www.drlauraeanderson.com

DETAILS

Cost:

90 minute consultation \$300

120 minute consultation \$400

*Individual consultations may be split with 1-2 professionals
/practitioners per consultation session

Time:

Dr. Laura Anderson offers consultation slots on Wednesday mornings at 9:00am and 11:30amCST

Where:

Online (you will receive an individualized link for your intensive session closer to the date of the event)

Payments made:

All payments are made via major credit card and are subject to a credit card fee of 3% (\$309 total for a 90 minute consultation; \$412 for a 120 minute consultation)

Cancellation policy: Due to the demand for this service and the extensive preparation work that is required for an intensive, a strict cancellation policy is adhered to.

- 75% of the consultation price, less credit card fees ,will be refunded if a person cancels more than 1 month in advance
- 50% of the consultation price, less credit card fees ,will be refunded if a person cancels 2-4 weeks in advance.
- 25% of the consultation price, less credit card fees, will be refunded if a person cancels less than 2 weeks in advance.

@drlauraeanderson