



Dr. Laura E. Anderson

www.drlauraeanderson.com

Tailored Consultations

The purpose of tailored consultations is to offer a structured, unique, and individualized experience to professionals (such as, but not limited to: mental health providers (licensed or unlicensed) coaches, clergy, advocates, professionals, therapists, companies, or others) who work with individuals around areas of domestic and sexualized violence, religious trauma, adverse religious experiences, religious abuse, dynamics of power and control, narcissism, high control religious systems, cults, and healing from these systems.

Dr. Laura Anderson tailors consultations on a case-by-case by collaborating with the person, group, or company to ensure their goals are being met.

Meant For:

This consultation is geared toward individuals, groups, and companies for:

- Group Consultation (up to 12 participants)
- Body-based trauma education and interventions.
- Psychoeducation on issues such as religious trauma, adverse religious experiences, religious abuse, dynamics of power and control, narcissism, high control religious systems, cults, and healing from these systems.
- Course and Resource Development
- Teaching/Education/Speaking
- Evaluating programs and systems through a trauma-informed lens and making suggestions for a more trauma-informed environment.
- Harm reduction training and trauma informed education for ministry settings.
- Other requests for a tailored consultation are accepted on a case-by-case basis.



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SIGNING UP

Step 1:

Begin the sign up process of a Tailored Consultation by filling out the basic contact form on Dr. Anderson's website; make sure to select the "tailored consultation" box.

Step 2:

After reviewing the contact form, Dr. Anderson's assistant will reach out with a private scheduling link for you to set up an inquiry call in order to discuss your needs with Dr. Anderson to ensure that she is a good fit for what you are looking for. The inquiry call is 60 minutes in length with a cost of \$100.

Step 3:

After setting up the inquiry call, you will be sent a Zoom link for the inquiry call meeting.

Step 4:

Show up for the call! Please be prepared to discuss what you are hoping Dr. Anderson can consult on, the needs you have, time frame, and other logistical details.

Step 5:

If you and Dr. Anderson both decide this is a good fit and to move forward, you will be provided with a consultation contract including payment information.

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DETAILS

Cost:

\$700/hour

\$5000 day rate (8 hours which also includes a 60 minute lunch break and 2-15 minute breaks)

*For groups over 12 people and/or needing more than one day of services, please indicate that on the contact form and a price proposal will be discussed on the inquiry call.

When:

On the inquiry call, Dr. Anderson will discuss availability and scheduling

Where:

All consultations are held online via Zoom.

Dr. Anderson is available for live consultation and events if requested. In the case that this is requested, Dr. Anderson will provide you with an adjusted price proposal to include travel expenses and accommodations.

Cancellation policy: Due to the demand for this service and the extensive preparation work that is required for a tailored consultation, a strict cancellation policy is adhered to:

- 50% of the consultation price, less credit card fees, will be refunded if a person cancels more than 1 month in advance
- 35% of the consultation price, less credit card fees, will be refunded if a person cancels 2-4 weeks in advance.
- 15% of the consultation price, less credit card fees, will be refunded if a person cancels less than 2 weeks in advance.